

1 CONTINUING EDUCATION UNIT

Monthly Palm Springs Network Luncheon







Pegasus/Villareal & Associates, Inc. is approved providers for the following: BBS: California Board of Behavioral Sciences, provider number PCE 4240. This course meets the qualifications for CE credit for MFT's and LCSW's. CAADE: California Association for Alcohol/Drug Educators, provider numbers CP10 923 A 0414, CP25 924 C 0414 and CP10 925 H 0414. CAADAC: California Association of Alcoholism and Drug Abuse Counselors, provider number 1N-08-514-0514. NAADAC: National Association for Alcoholism and Drug Abuse Counselors, provider number 737.

Friday, October 21, 2016 12:00 p.m. - 2:30 p.m.

Melvyn's Restaurant at the Ingleside Inn 200 West Ramon Rd. Palm Springs, CA 92262



Victoria Odde

Victoria Odde MA, LPC, CADCII, LAADC

Recovery: Moving from the Problem to a Solution An Ayurvedic Approach

With almost a decade of experience as a Licensed Professional Counselor (LPC) and Substance Abuse Counselor (CADCII, LAADC), Victoria Odde - the founder of Cre8ive Consulting studied comprehensively the root causes that eventually lead to addiction and substance abuse. She earned her Master's degree at Hazelden Graduate School in Addiction Counseling. After graduation she was employed by Hazelden for almost 4 years. Since then she has worked in hospitals, outpatient, adolescent programs, sober housing and private practice.

In 2015 she studied and trained under Deepak Chopra at the Chopra Center in La Costa, California, and gained accreditation as a Certified Educator. In addition to her counseling practice, Victoria teaches mind, body, spirit, wellness techniques through the 5,000 year old system of healing called Ayurveda. Ayurveda decreases the need for medication using natures outside pharmacy for internal healing. The focus is on plant based nutrition with meditation, breathing, and yoga as the foundation for health, wellbeing and spiritual awareness.

RSVP

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CONTACT

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